

MORNING SESSION– 9:00AM TO 12:00PM
DESCRIPTION OF SESSIONS

1	<p>Conflict Management This module is designed to help you develop a personal understanding of conflict and give you the skills to effectively manage conflict whenever and wherever it arises. This module will teach you to understand conflict and your views of conflict, identify conflict and the role body language and tone of voice play, and manage conflict people in conflict.</p>
2	<p>Safe Guide Training Safe Guide is a guide on how to plan and deliver safe activities for girls. It includes information on the following as well as details for specific activities:</p> <ul style="list-style-type: none"> • Supervision ratios • Leader supervision and training requirements • Activities that are not permitted • Obtaining parent/guardian permission for their girl to participate • When GGC permission is required
3	<p>Getting Outside The Getting Outside module is the first of the OAL training modules. The focus of this module is to train Guiders so they can give girls the opportunity to experience the outdoors through activities such as: outdoor games, walks in the park, nature observation activities. This session will also include a fun scavenger hunt in the town of Summerland.</p>
4	<p>Building Unit Guider Skills One of two modules to earn your red pin Introduces basic skills for supporting girls in Guiding, including: group management, girl leadership, building the adult leadership team, planning, and active learning.</p>

AFTERNOON SESSION– 1:30PM TO 4:30 PM
DESCRIPTION OF SESSIONS

1	<p>Time Management This module is designed to help you gain the skills and knowledge to effectively manage the time you spend Guiding and to use these skills to make your work within Guiding more enjoyable. This module will help you learn about setting priorities to ensure your activities match your priorities and goals, making a Plan and using effective tools, following through with the Plan to evaluate your time and avoid procrastination, the relationship between time and stress to avoid burnout and learn to say, “No.”</p>
2	<p>There is no Second opportunity to make a First Impression Designed for Girls that are Ranger age. How to present yourself in a positive manner. Learn how to enhance your abilities when writing a resume and choosing those that you ask to be a reference person.</p>
3	<p>All About Your Branch One of two modules to earn your red pin Provides programming tips and ideas; explains Girl Guide traditions and evaluating Unit activities.</p>
4	<p>Financial Management Ways to get your girls involved in the financial aspects of guiding, budgeting, cookie selling. Learn about GST in Girl Guides.</p>