

MORNING SESSION– 10:30AM TO 12:30PM
DESCRIPTION OF SESSIONS

1	<p>Conflict Management This module is designed to help you develop a personal understanding of conflict and give you the skills to effectively manage conflict whenever and wherever it arises. This module will teach you to understand conflict and your views of conflict, identify conflict and the role body language and tone of voice play, and manage conflict people in conflict.</p>
2	<p>Quartermastering and Menu Planning Does the thought of cooking for a large crowd make you nervous? Collect some recipes for use indoors or outdoors at this session. Make a meal plan and discuss prep and shopping that will help you stay ahead of the time crunch and on top of your budget.</p>
3	<p>Safe Guider Refresher In this constant world of change Safe Guide is also being updated. Learn the changes that have taken place and brush up on the information in Safe Guide.</p>
4	<p>All About Your Branch One of two modules to earn your red pin Provides programming tips and ideas; explains Girl Guide traditions and evaluating Unit activities.</p>
5	<p>Why Girls First –Module #1 in Girls First An introduction to Girls First and Equivalency Learn about the Program Structure, Guidelines and Badges</p>
6	<p>Safe Guide Training – Morning and Afternoon Session are both required Safe Guide is a guide on how to plan and deliver safe activities for girls. It includes information on the following as well as details for specific activities:</p> <ul style="list-style-type: none"> • Supervision ratios • Leader supervision and training requirements • Activities that are not permitted • Obtaining parent/guardian permission for their girl to participate • When GGC permission is required

AFTERNOON SESSION– 2:00PM TO 4:00 PM
DESCRIPTION OF SESSIONS

1	<p>Event Planning Learn about the process of event planning and participate in planning an event that could be used in Guiding.</p>
2	<p>Time Management This module is designed to help you gain the skills and knowledge to effectively manage the time you spend Guiding and to use these skills to make your work within Guiding more enjoyable. This module will help you learn about setting priorities to ensure your activities match your priorities and goals, making a Plan and using effective tools, following through with the Plan to evaluate your time and avoid procrastination, the relationship between time and stress to avoid burnout and learn to say, “No.”</p>
3	<p>Getting Outside The Getting Outside module is the first of the OAL training modules. The focus of this module is To train Guiders so they can give girls the opportunity to experience the outdoors through activities such as: outdoor games, walks in the park, nature observation activities.</p>
4	<p>Financial Management Ways to get your girls involved in the financial aspects of guiding, budgeting, cookie selling. Learn about GST in Girl Guides</p>
5	<p>Girl Driven Program - Module #2 in Girls First Girls need to have a Choice, Voice and Action. Learn what the role of the Guiders will be in this process.</p>
6	<p>Building Unit Guider Skills One of two modules to earn your red pin Introduces basic skills for supporting girls in Guiding, including: group management, girl leadership, building the adult leadership team, planning, and active learning.</p>
7	<p>Safe Guide Training – Morning and Afternoon Session are both required Safe Guide is a guide on how to plan and deliver safe activities for girls. It includes information on the following as well as details for specific activities:</p> <ul style="list-style-type: none"> • Supervision ratios • Leader supervision and training requirements • Activities that are not permitted • Obtaining parent/guardian permission for their girl to participate • When GGC permission is required